

NEW!

Indulge yourself with our NEW Taizen Signature treatments. These treatments have been bespoke designed for Taizen to ensure a experience like no other.

Temple Style Lomi Lomi (Hawaiian) Massage

This ancient Polynesian journey starts with our PikoPiko ceremony of Himalayan Pink Rock salt and Eucalyptus to cleanse any negative energies and clear the mind. Deep meditative breathing and inhalation of calming oils sedate the body and balance the chakras before embarking on the ultimate of massages..... Warm Tahitian lemongrass oil is drizzled over the body followed by ritualistic temple style lomi lomi massage. The whole body is massaged at the same time to give the feeling of gentle waves cocooning the body allowing you to let go and simply be. It relaxes the body, quietyens the mind and soothes the soul.

90mins £65

Oriental Fusion Face Rejuvenation

Your journey starts with a back ritual before embarking on this facial with an oriental twist. With over an hour of ancient facial massage that is guaranteed to lift and rejuvenated your face, brighten the skin and super hydrate this is the ultimate in natural Anti Ageing. Deeply relaxing with amazing results this has to be up there with the best.

90mins £65

Eastern Bamboo Massage

This journey starts with a hot towel foot compress and Tibetan bells to relax the body and calm the mind. Warm exotic spice oils are drizzled over the body before embarking on this amazing deep tissue massage. Silky bamboo canes are glided over the body to stretch out and deeply work on your muscles to relieve tension and tightness. It improves circulation and detoxifies the whole body whilst leaving you both revived and relaxed.

60mins £49

Head in the Clouds

This holistic journey starts with a deeply relaxing acupressure seated Indian head massage that includes the upper back, arms and neck and scalp. Just when you think it can't get any better we lead you to a heated couch and cocoon you in warm blankets to finish this ritual with a n essential oil pressure point facial massage.

60mins £45

Oriental Sticks and Stones Back Massage

Our signature back massage is a fusion of our Indonesian deep tissue, Eastern bamboo and Japanese hot stone massage to offer a bespoke massage like no other. This experience relaxes, warms and loosens the muscles, de-stresses and calms the mind and revives your energy and boosts your lymphatic what more could you want!

45 mins £29